

# Dementia & Alzheimer's Awareness: Let's Talk

Call to schedule and discuss fee  
ELECLAIRGO@GMAIL.COM or 651-592-5320

## DEMENTIA & ALZHEIMER'S

- ▶ Describe how you obtain diagnosis
- ▶ Differentiate within the disease
- ▶ Signs and symptoms
- ▶ Discuss how the person and family are affected
- ▶ Behavioral changes that can occur
- ▶ Provide relevant stories
- ▶ Checklist to Besafe & StaySafe
- ▶ References and resources to use
- ▶ Question & Answer
- ▶ There are subtle signs when a person is young that are often ignored which place people at risk
- ▶ Genetics, infections, inflammation, stress, and underlying diseases (Heart, Kidney, Diabetes, and Obesity) play a role in dementia
- ▶ Proper diagnosis by qualified Healthcare Provider is necessary
- ▶ Over 7 million persons with dementia in the United States; 55 million world wide
- ▶ Why a strong immune system is so important
- ▶ Can Dementia and Alzheimer's be prevented

### Your Speaker

Elli Mary Catherine LeClair RN  
BSPA Healthcare Administration  
MS Health Education  
Legal Nurse Consulting Diploma  
ACLS, CPR Instructor  
Blogger, Spotify Podcaster  
Speaker Dementia/Alzheimer's  
Author of Children's books



[ellileclairheartbrainbooks.com](http://ellileclairheartbrainbooks.com)